



# HOT SHOTS CHEERLEADING

**FALL &  
WINTER  
2017-18**

181 Iron St. Rome, GA 30165  
www.hotshotscheerleading.com

**Ages 2-5: Pre-school CHEERNASTICS in the Jungle Gym** 6:1 ratio\* 45 minutes  
Our JUNGLE GYM Instructors LOVE kids! We HAVE FUN teaching our students the basics of cheer & gymnastics:

-coordination, flexibility, balance, forward & back rolls  
-important beginner skills: handstands, back bends & cartwheels

**2 yr Tumble Babies:** Mon 5:30, Wed 3:45 "parent & tot"

**3 yr Tumble Bugs:** Mon 5:30, Thurs 6:15

**4 & 5 yr Tumble Bears:** Mon 4:15, Mon 6:15, Tues 3:45, Thursday 5:00, Fri 4:00

**Ages 6-18: Beginner Back Handspring Classes: Level 1**

NO EXPERIENCE NECESSARY! All beginners welcome.

This class is perfect for students who have not yet mastered an unassisted back handspring. We focus on A LOT of repetition and drills such as handstands, front walkovers, & back walkovers, etc., in order master the back handspring & prepare for higher level tumbling in the future.

Mon 4:30, Mon 6:15, Mon 7:15, Tues 6:30, Wed 4:30, Wed 7:30, Thu 4:00, Thu 7:00, Fri 4:00

**Ages 6-18: Intermediate Tumbling Classes: Level 2**

**MUST HAVE BACK HANDSPRING WITHOUT ASSISTANCE**

once a student can perform an unassisted BHS, level 2 classes are perfect for pushing to the next level. Students will work on running BHS passes, multiple BHS, back walkover to BHS, and will be introduced to front and back tucks. A lot of repetition and conditioning required! Mon 7-8, Tues 5:30, Tue 7:30, Wed 4:30, Wed 7:30, Thur 4:00, Fri 5:00

**Ages 6-18: ADVANCED Classes: Levels 3-5**

**MUST HAVE BACK TUCK WITHOUT ASSISTANCE**

once a student can perform an unassisted back tuck, the next goals are pikes, layouts, fulls, & specialty passes. Tues 6:30, Wed 7:30, Thur 6:30, Fri 5:00-Lv3 only

## **SPECIAL Clinic Series**

**More time in the gym=MORE SKILLS!**

Fri, 9/8, BHS clinic (4-6pm), ages 6 & up, \$29 if registered in classes (\$39 if not)

Fri, 9/8, Tucks & more (6-8pm), ages 6 & up, \$29 if registered in classes (\$39 if not)



REGISTER: FALL BREAK & HOLIDAY BREAK Camp



## **"WALK-IN WEDNESDAY" OPEN GYM**

**5:30-7:30pm for children age 4 & up**  
**Cost (registered tumbling students):**

**\$5.00 each + \$1 for sibs**

**Cost (non-registered): \$8.00 each + \$2 for sibs**

*Price changes effective May 8, 2017*

8:1 ratio\* 60 minutes

## **NEW LEVEL 1.5 Back Handspring Classes**

This class is for students who have mastered a handstand, cartwheel, round off, & back bend kick over. Students must get instructor approval to register. Focus: repetition & drills which will lead to mastering a back handspring!

Mon 7:15, Tues 4:30, Tue 7:30, Wed 4:30, Wed 7:30, Thu 5:15, Fri 5:00



**Sign up for The Hot Shots Show Stoppers! Register by 11/3**

- 6 month cheer team
- ages 4 & up
- local performances only
- REAL routine & uniform!



## **FLIPPIN' FRIDAY**

**OPEN GYM: 8/18, 9/22,  
10/20, 11/3, 12/22**

Children ages 4 & up can have TONS of fun at our "drop off" open gym held one Friday a month from 6-9pm. Cost includes pizza for supper (BYO-Drink). **Cost**

**(registered tumbling students): \$15.00 each +50% off sibs**

**Cost (non-registered): \$18.00 each + 50% off sibs**



Call 706-235-SHOT

**NEW Fall &  
Winter Class  
Schedule  
begins Sept 5**

**16 weeks:  
Sept 5-Jan 30  
See back page for  
class closings**

DISCOUNTS AND  
DETAILS

**\$30 one time registration  
fee for all NEW students**

**Sibling discount:  
Receive 10% OFF all  
additional siblings.**

**We LOVE our local  
School Cheerleaders!**  
School Power Hour  
students can cross  
register in our tumbling  
program and pay only  
\$25/month extra per  
class. PH fees must be  
paid in full at the  
beginning of the month.

**Hot Shots offers  
AWESOME Flip-N-  
Fun birthday  
parties!  
Book your  
party today!**

# Hot Shots Fall/Winter Prices

Registration Fee for all new students: \$30/family

Fall/Winter 2017-18 Classes Sept. 5-Jan. 30	Pay ahead in Full	Monthly*
Ages 2-5 Pre-School CheerNastics-one class per week	\$198.00	\$52.00
Ages 2-5 Pre-School CheerNastics-two classes per week	---	\$78.00
	Pay ahead in Full	Monthly*
Ages 6 -18 Tumbling-one class per week	\$225.00	\$59.00
Ages 6 -18 Tumbling-two classes per week	---	\$88.50
Ages 6 -18 Tumbling-three classes per week	---	\$118.00

\*Must leave credit card on file to pay monthly (no exceptions). All class prices can be pro-rated.

All registration changes must be approved by front office. Discounts cannot be combined.

Absences cannot be credited toward the next monthly payment but can be made up in another class.

Private Lessons	Currently Reg in Classes	Not currently Reg in Classes
30 min	\$35.00	\$40.00
60 min	\$70.00	\$80.00
The cost of private lessons can be shared by one or two students. All lessons must be paid in full at the time of scheduling. See PL info sheet for more info. Payment due at time of scheduling. Cancellations require 24 hours notice or 50% is still due to instructor (unless in cases of injury or sickness).		
Extra Programs	Currently Reg in Classes	Not Currently Reg in Classes
Walk-In Wednesday Open Gym	\$5.00 ea+\$1 sibs	\$8.00 ea+\$2 sibs
Flippin' Friday Open Gym	\$15.00 ea (50% off sibs)	\$18.00 ea (50% off sibs)
Clinic Series	\$29.00 ea (10% off sibs)	\$39.00 ea (10% off sibs)
Fall Break Camp Oct 2-6	*early reg* \$69/\$99 ea (10% off sibs)	*late reg* \$79/\$109 ea (10% off sibs)
Holiday Camp Dec 18-22	*early reg* \$69/\$99 ea (10% off sibs)	*late reg* \$79/\$109 ea (10% off sibs)

## **Hot Shots HALF YEAR PERFORMANCE CHEER TEAM**

### **Sign Ups (Show Stoppers)**

REGISTRATION: Oct. 16-Nov. 3. Download your registration form from [hotshotscheerleading.com](http://hotshotscheerleading.com) and turn into the gym along with your registration fee of \$30. Pricing & details also available online. Each child will be individually evaluated by a coach once the form is turned in. Hot Shots cheer teams-available for ages 4 & up for Nov.-April. All abilities accepted. Practices begin Nov.6! Parent meeting Thur., Nov. 2, 6pm.

Email [hotshotscheer@aol.com](mailto:hotshotscheer@aol.com) for more info.

## **Now registering for Fall Break camps & Holiday camps! Half-day & Full Day offered!**

### **Fall Break Oct 2-6**

#### **Hawaiian Luau FLIP Camp**

#### **Super Hero Ninja Camp**

### **Holiday Break Dec 18-22**

#### **Trolls FLIP Camp**

#### **Ninja EXTREME Camp**

FALL BREAK: Early registration deadline is Sept. 27. Late registration is Sept. 28-Oct. 2.

HOLIDAY BREAK: Early registration deadline is Dec. 13. Late registration is Dec. 14-18.

Half day is 9a-12p. Full Day is 9a-3p. Drop-in price is \$25/day for half day and \$50/day for full day. Ages 4 & up are welcome to have a BLAST with us-we FLIP, we PLAY, we MEET new friends-we do CRAFTS and MORE! All campers should bring a water bottle. Full day campers should bring a lunch.