



HOT SHOTS CHEERLEADING

Spring 2018
12 WEEKS

181 Iron St. Rome, GA 30165

www.hotshotscheerleading.com

Ages 2-5: Pre-school CHEERNASTICS in the Jungle Gym 6:1 ratio* 45 minutes

Our JUNGLE GYM Instructors LOVE kids! We HAVE FUN teaching our students the basics of cheer & gymnastics: -coordination, flexibility, balance, forward & back rolls plus important beginner skills such as handstands, back bends & cartwheels (2-3 yr old classes may be combined)

2 yr Tumble Babies: Mon 5:30, Wed 3:45 "parent & tot"

3 yr Tumble Bugs: Tues 4:30, Thurs 6:30

4 & 5 yr Tumble Bears: Mon 4:15, Mon 6:15, Tues 3:45, Tues 5:30, Thurs 5:00, Fri 4:00, Fri 5:15

Ages 6-18: Beginner Back Handspring Classes: Level 1 8:1 ratio* 60 minutes

NO EXPERIENCE NECESSARY! All beginners welcome.

This class is perfect for students who have not yet mastered an unassisted back handspring. We focus on A LOT of repetition and drills such as handstands, front walkovers, & back walkovers, etc., in order master the back handspring & prepare for higher level tumbling in the future.

Mon 4:15, Mon 6:15, Mon 7:15, Tues 6:30, Wed 4:30, Thu 4:00, Thu 7:15, Fri 4:00

Ages 6-18: Intermediate Tumbling Classes: Level 2

MUST HAVE BACK HANDSPRING WITHOUT ASSISTANCE

once a student can perform an unassisted BHS, level 2 classes are perfect for pushing to the next level. Students will work on running BHS passes, multiple BHS, back walkover to BHS, and will be introduced to front and back tucks. A lot of repetition and conditioning required! Mon 7-8, Tues 5:30, Tue 7:30, Wed 4:30, Wed 7:30, Thur 4:00, Fri 5:00

Ages 6-18: ADVANCED Classes: Levels 3-5

MUST HAVE BACK TUCK WITHOUT ASSISTANCE once a student can perform an unassisted back tuck, the next goals are pikes, layouts, fulls, & specialty passes. Tues 6:30, Tues 7:30,

"WALK-IN WEDNESDAY" OPEN GYM

5:30-7:30pm every Wednesday

Registered in Tumbling: \$5ea (\$1 sibs)

Not Registered in tumbling: \$8ea (\$2 sibs)

Just "walk-in", pay, & PLAY! This is a parent drop-off event for boys & girls ages 4 & up.

HOME SCHOOL & TINY TOT OPEN GYM Jan. 18-Mar 22

Every Thursday 10:00-11:30am, STAY ACTIVE indoors!

Admission is \$3 for 1st child (\$1 sibs) if walking (non walkers are free). Parents may drop off ages 4 & up!

LEVEL 1.5

Back Handspring Classes

This class is for students who have mastered a handstand, cartwheel, round off, & back bend kick over. Students must get instructor approval to register. Focus: repetition & drills which will lead to mastering a back handspring!



Mon 7:15, Tues 4:30 & 7:30, Wed 4:30 & 7:30, Thu 5:15 & 6:30, Fri 5:00

Sign up for any Monday class & receive 1 FREE TICKET to open gym (closed 2/19)

FLIPPIN' FRIDAY is a

parent drop-off event for children ages 4 & up offered only once a month. Admission includes 3 hours of playtime and pizza. Bring a water bottle! Pre-registration not required.

Spring dates: Jan. 19, Feb. 9, March 16, April 20

Call 706-235-SHOT

**NEW Spring
Classes begin
Feb 5**

**12 weeks:
Feb 5-May 4**

*Closed 2/19 and
3/26-30*

**Discounts &
Details:**

**\$30 one time registration
fee for all NEW students**

**Sibling discount:
Receive 10% OFF all
additional siblings.**

**We LOVE our local
School Cheerleaders!
School Power Hour
students can cross
register in our tumbling
program and pay only
\$25/month extra per
class. PH fees must be
paid in full at the
beginning of the month.**



**Hot Shots
offers
AWESOME
Flip-N-Fun
birthday**

**parties on the wknds!
Book your party today!**

Hot Shots Spring Prices

Registration Fee for all new students: \$30/family

Spring 2018 classes Feb 5-May 4 (12 weeks)	<u>Pay ahead in Full</u>	<u>Monthly*</u>
Ages 2-5 Pre-School CheerNastics-one class per week	\$148.20	\$52.00
Ages 2-5 Pre-School CheerNastics-two classes per week	---	\$78.00
	<u>Pay ahead in Full</u>	<u>Monthly*</u>
Ages 6 -18 Tumbling-one class per week	\$168.15	\$59.00
Ages 6 -18 Tumbling-two classes per week	---	\$88.50
Ages 6 -18 Tumbling-three classes per week	---	\$118.00

*Must leave credit card on file to pay monthly (no exceptions). All class prices can be pro-rated.

All registration changes must be approved by front office. Discounts cannot be combined.

Absences cannot be credited toward the next monthly payment but can be made up in another class.

<u>Private Lessons</u>	<u>Currently Reg in Classes</u>	<u>Not currently Reg in Classes</u>
30 min	\$35.00	\$40.00
60 min	\$70.00	\$80.00

The cost of private lessons can be shared by one or more students. All lessons must be paid in full at the time of scheduling. Cancellations require 24 hours notice or 50% is still due to instructor (unless in cases of injury or sickness).

<u>Extra Programs</u>	<u>Currently Reg in Classes</u>	<u>Not Currently Reg in Classes</u>
Walk-In Wednesday Open Gym	\$5.00 ea+\$1 sibs	\$8.00 ea+\$2 sibs
Flippin' Friday Open Gym	\$15.00 ea (50% off sibs)	\$18.00 ea (50% off sibs) Clinic
Homeschool & Tiny Tot Open Gym	\$3.00 ea+\$1 sibs	\$3.00 ea+\$1 sibs
Spring Break Flip-N-Fun Camp 3/26-30)	see below	see below

Spring Break Flip-N-Fun Camp

HALF DAY AND FULL DAY AVAILABLE!

Join us for a fun, active camp at Hot Shots in Rome for boys & girls ages 4 & up where you can meet new friends, do crafts, and learn tumbling. We will also watch a movie each day! We will run, play, jump, swing and FLIP in our awesome 10,000 sq ft gym! Half day is 9a-12p and full day is 9a-3p. Early drop off is available at an additional cost starting at 8am and late pick up is available until 4pm. Daily rates also available. A snack is provided each day. Everyone should bring a water bottle. Full day campers should bring a lunch. Wear comfy gym clothing.

How to Register: Register by March 16th to enjoy EARLY registration prices. LATE registration is March 17-26. A \$50 non-refundable deposit is required per family plus a completed registration form per child. Balance due on first morning of camp.

	<u>EARLY registration</u>	<u>LATE registration</u>	<u>Daily "drop off"</u>
Half Day (9a-12p)	\$79	\$89	\$39
Full Day (9a-3p)	\$119	\$139	\$59

OTHER COSTS & DISCOUNTS: Early drop off and late pick up is \$5 per 30 min, per day starting at 8am and ending at 4pm. First child is full price and additional siblings are 10% off. No refunds for days missed.